

FIS factsheet

Family Information Direct: Support for Parents

Family Information Direct is a network of services designed to improve the provision of information to all parents, with a particular focus on meeting the needs of parents of disabled children, teenage children, lone parents and fathers from all backgrounds.

Service Provider:

What they do:

<p>ACE: Advisory Centre for Education: T: 0808 800 5793 W: www.ace-ed.org.uk</p>	<p>Provide information, support and legal advice that parents need to help their children at school, particularly when there are problems. For specific advice on exclusions, call 020 7704 9822.</p>
<p>BeGrand.net W: www.begrand.net</p>	<p>A new online service designed specifically for grandparents, containing a huge range of information on the issues that affect them and their role in family life.</p>
<p>Contact a Family T: 0808 808 3555 E: helpline@cafamily.org.uk W: www.cafamily.org.uk</p>	<p>Provide advice, information and support to the parents of all disabled children, no matter what their disability or health condition. They also help parents to get in contact with other families in a similar position.</p>
<p>Dads' Space and the 121 Space W: www.dads-space.com W: www.the121space.com</p>	<p>Dads' Space provides information, fun and advice for all dads on issues that affect them. It's offshoot, the 121 Space, is a friendly and secure virtual contact centre that enables parents, grandparents and carers to stay in touch with the children in their lives online, especially if they are separated due to a family breakdown.</p>
<p>DadTalk W: www.dadtalk.co.uk</p>	<p>DadTalk promotes all aspects of fatherhood, allowing fathers to share ideas, find information and learn about parenting through their social networking website.</p>
<p>Family Lives T: 0808 800 2222 W: www.familylives.org.uk</p>	<p>Family Lives is a national charity providing information, advice and support to parents on all sorts of family-related issues. Their helpline is open 24 hours a day, seven days a week.</p>
<p>Family Rights Group T: 0808 801 0366 E: advice@frg.org.uk W: www.frg.org.uk</p>	<p>Provide specialist advice to families who are raising children involved with, or who need social care services. They promote policies and practises that help children to live safely and securely within their families.</p>

Warwickshire Family Information Service: 0845 090 8044 or 01926 742274

Service Provider:**What they do:**

<p>Gingerbread T: 0808 802 0925 W: www.gingerbread.org.uk</p>	<p>Gingerbread provides expertise and detailed advice to parents on a whole range of issues relating to lone parent family life.</p>
<p>Got a Teenager T: 0808 800 2222 W: www.gotateenager.org.uk</p>	<p>Provides a social networking site for parents of teenagers that re-creates online the supportive 'school gate' community that parents really miss when their children go from primary to secondary school.</p>
<p>Netmums W: www.netmums.com</p>	<p>A social network source of support and advice for mums, connecting parents with each other and services in their local area. Netmums Parent Supporters offers expert help to mums who need it through the Netmums website.</p>
<p>One Space W: www.onespace.org.uk</p>	<p>The One Space website offers support and information to lone parents on all aspects of parenting plus support from experienced parenting experts and other single parents in our online groups.</p>
<p>Parentchannel.tv W: www.parentchannel.tv</p>	<p>A new online resource featuring a collection of short videos that are designed to support parents with information and advice on the day-to-day challenges of parenting.</p>
<p>Relate for Parents W: www.relateforparents.org.uk</p>	<p>Relate for Parents provides advice, support and information to enable parents to understand and improve their family relationships, manage conflict and implement change.</p>
<p>The Children's Legal Centre: T: 0808 802 0008 E: clc@essex.ac.uk W: www.childrenslegalcentre.com</p>	<p>Provide legal representation for children. Ensures that children, parents, carers and professionals can get accurate information on child law and access the support and services to which they are entitled.</p>
<p>The Couple Connection W: thecoupleconnection.net W: www.oneplusone.org.uk</p>	<p>A positive relationship between parents is key to improving outcomes for children. This self-help website provides information and resources to parents who want to change their relationship for the better.</p>
<p>Young Minds T: 0808 802 5544 W: www.youngminds.org.uk</p>	<p>A national charity committed to improving the mental health and emotional wellbeing of all children and young people, offering information and advice to parents on these issues and the services that are available to them.</p>

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